



Lisinopril (Prinivil®, Qbrelis®, Zestril®, Zestoretic®)



Overview

This prescription drug (sold under the brand names Prinivil®, Qbrelis®, Zestril® and Zestoretic®) treats high blood pressure. We also use it to treat heart failure and heart attack. Lisinopril belongs to a class of drugs we call "ACE inhibitors."

How it works

How does it work? Lisinopril comes as a pill or a liquid you take by mouth. Usually, you take it once a day. This drug lowers the level of certain chemicals that tighten your blood vessels. It keeps your blood vessels open, helping your blood flow more smoothly and your heart pump more efficiently.

Side effects and dangers

Lisinopril does have side effects such as cough, dizziness and headache. It can cause tiredness, weakness and nausea. Ask your doctor for a full list of side effects. Also, you should know that this drug may not be safe to use if you have certain drug allergies. It should not be taken if you are pregnant, as it can harm the fetus. If you're taking other drugs or supplements, your doctor may need to change their doses. And we may need to watch you closely to see if lisinopril causes any issues. Before taking this medication, make sure your doctor knows about all medical conditions you have and all medications and supplements you are taking, both prescription and over-the-counter.

Conclusion

Lisinopril can be helpful for many people when used correctly. So read all the instructions and warnings. Take it only as directed. For more info, talk to your doctor.

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