



Hydration IV Therapy



Overview

A hard workout, especially on a sunny day, can leave you feeling drained. Why do you feel so tired and sluggish? Well, when you push yourself, you lose a lot of fluid and electrolytes through sweat. Electrolytes are minerals your body needs to work properly. When your electrolyte levels get out of balance, you pay the price. The good news is, IV therapy can help.

What's in it?

A hydration therapy IV gives you key electrolytes like sodium, potassium, magnesium and others. The drip bypasses your digestive system and goes straight into your bloodstream. It quickly raises the fluid volume of your blood. And the electrolytes are absorbed directly into the cells that need them most. They help prevent muscle cramps. They support heart and kidney health. They also help your body break down food and turn it into energy.

Tailored for you

Want more benefits? Let us know what symptoms you're having and what your health goals are. We'll customize your IV solution. We'll create a mix that's right for you.

