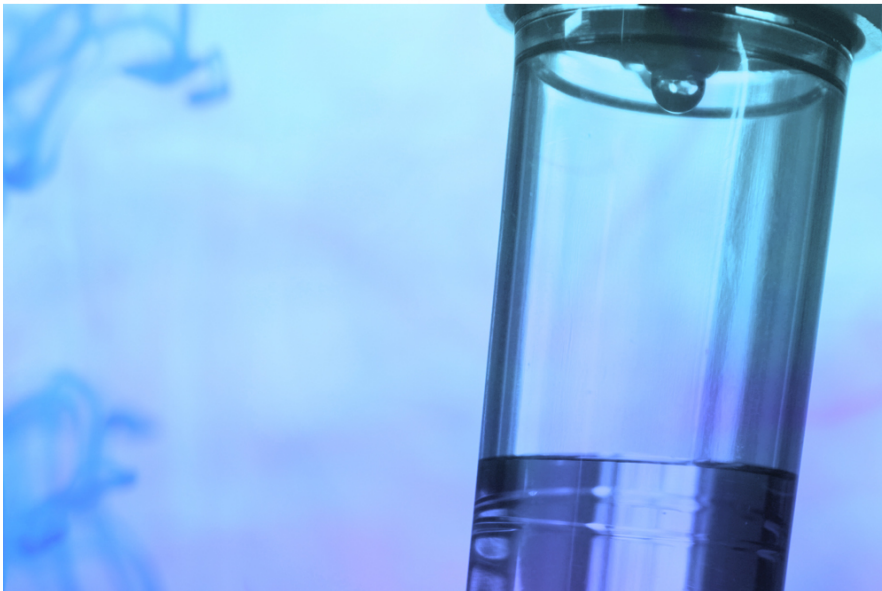
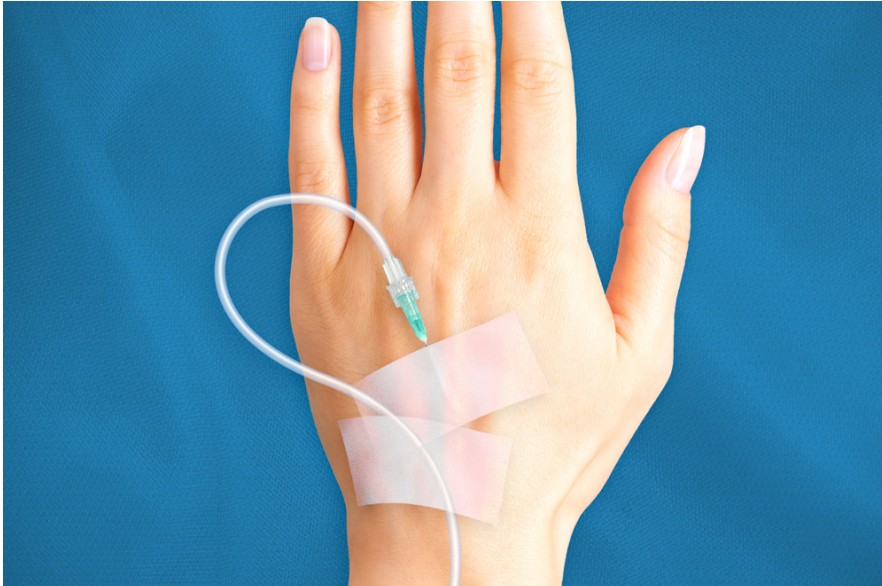




## IV Therapy: What to Expect



### Overview

You're focused on your health, and you're ready try IV therapy. Great, let's take a moment to learn about these treatment sessions.

### How it's done

During your session, you relax in a comfortable chair. We clean a spot on your arm or hand with a sterile wipe. Then, we carefully insert an IV line into a vein. Through this line, a steady drip of a solution enters your body. It bypasses your digestive system and goes straight into your bloodstream.

### What's in the IV?

Your IV solution is specially mixed to replace your fluids and support your health. You can add in things like vitamins, minerals and electrolytes that support good health. Your IV specialist looks at your needs and your goals and helps you choose a mix that's right for you.

### How long does it take?

How long does an IV therapy session take? Times may vary, but a typical session takes less than an hour. You'll be relaxed and comfortable the whole time.

### Conclusion

IV therapy is an effective way to restore the fluid and nutrient levels in your blood. A session can leave you feeling refreshed and reenergized. For some, the results are immediate. To learn more, talk to your IV therapy specialist.