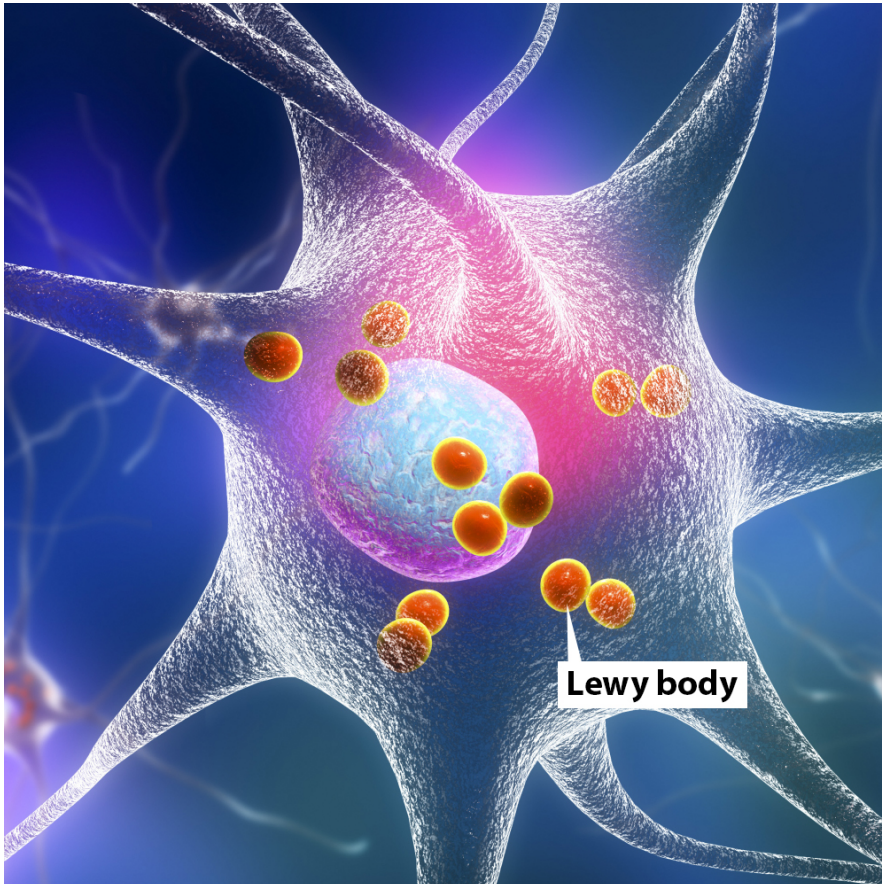




## Lewy Body Dementia (LBD)



### Overview

This is a brain disease caused by an abnormal buildup of protein deposits in the brain. These deposits are called "Lewy bodies." They affect your brain's chemicals. This interferes with your mind and body.

### Causes

What causes this buildup? Well, we don't know the exact cause. Many factors may play a role. More research is needed.

### Symptoms

What are the symptoms? Lewy body dementia can cause a wide range of issues. It can affect your movement. You may have things like muscle stiffness, a stooped posture and a shuffling gait. You may have poor coordination. You may have a weak voice and trouble swallowing. Lewy body dementia can also affect your thinking, behavior and mood. It may be hard for you to remain alert. You may have illogical thoughts and poor judgment. You may be confused by language, numbers and time. You may see, hear or smell things that aren't there. And you may develop significant sleep problems. Ask your doctor for a full list of symptoms.

### Treatment

How do we treat it? There is no cure for this disease. It gets worse over time. But we can help you cope with the symptoms. You may benefit from physical and occupational therapy. And, you may benefit from medication. Your doctor will create a plan that's right for you.