



What Does a Neurologist Do?



Overview

A neurologist is a doctor who specializes in caring for the brain and nervous system. They identify problems and find ways to treat them. They work closely with you to develop an effective care plan.

Types of neurologists

Not all neurologists are the same. They focus on different areas of care. Some work with children. Some work with seniors. Some treat conditions like Alzheimer's disease and dementia. Some deal with movement disorders. Some focus on seizures or other issues. You'll see a neurologist who is trained to care for your needs.

Types of tests

To find out what's wrong, your neurologist looks at a range of factors. They give you a physical exam. They study your health history. They may order different types of tests. For example, you may need to have a CT scan or an EEG. They may want to study your spinal fluid. Your neurologist uses all of this info to develop a care plan that's right for you.

Working with you

A big part of a neurologist's job is sharing info with you. So they teach you about your condition. They make sure you know about all of your care options. They explain how these options affect you. If you need surgery, they work closely with your neurosurgeon. Your neurologist gives you the support you need during treatment. And they provide continuing care.

Conclusion

Your neurologist is a key part of your care team. For more info about brain and nervous system issues, talk to your doctor.

