



Cognitive Testing



Overview

This type of testing shows how well your brain is working. It shows if you have problems with thinking, learning and remembering. If a cognitive test shows that you have a problem, more testing will be needed to diagnose it.

Types of tests

There are a few types of cognitive tests. They all use a set of simple questions or tasks. For example, you may be asked to memorize a short list of words. You may be asked to count backwards, or draw the face of a clock. You don't need to prepare for a cognitive test. Just do the best you can.

Your results

After your test, you'll get the results. We may find that your brain is healthy and working properly. Or, your test could signal that you have a problem. If so, we'll do more tests to find out exactly what's wrong and how to treat it.

Conclusion

If you think you may have a problem that's affecting your brain, don't ignore it. Talk to your doctor about cognitive testing. Some problems get better with treatment. A cognitive test could be the first step toward better brain health.