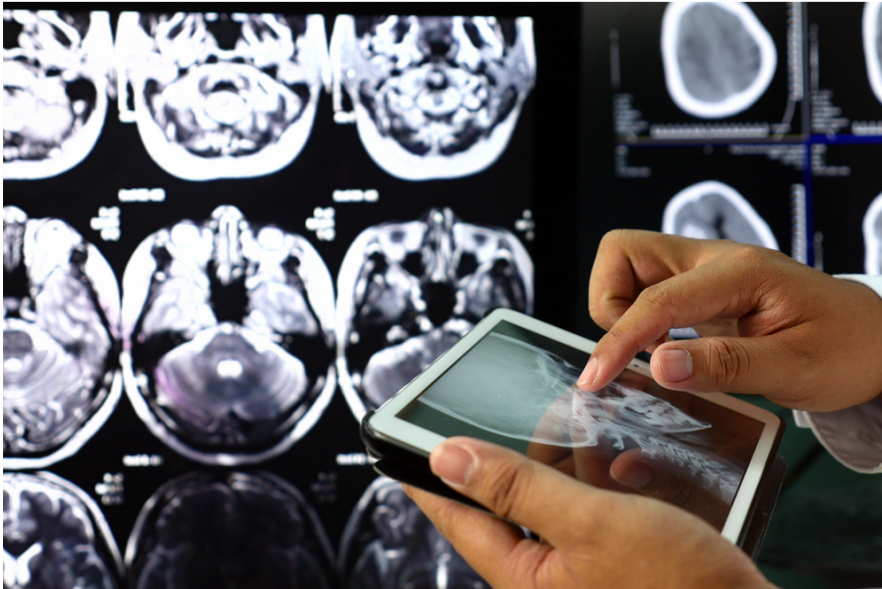




Memory Loss



Overview

This is a type of forgetfulness that doesn't feel normal to you or to others. Maybe you can't remember things from your past that you should be able to remember. Or, you may not recall things that happened recently. Severe memory loss can interfere with daily life.

Causes

What causes memory loss? It has a wide range of causes. It may be linked to an illness, injury or condition that affects the brain. These include things like brain tumor, concussion, stroke and dementia. Surgery or medications can cause it. It can happen if your brain doesn't get enough oxygen. And it's linked to some mental health conditions. Things like depression and severe stress bring it on. It can also be caused by schizophrenia, and bipolar disorder.

Symptoms

What are the symptoms? Well, when you have memory loss, you can't remember things you should. You may have trouble finding the right words as you speak. You may ask the same questions over and over. You may misplace things, and get lost in familiar places. Your mood may change suddenly. Eventually, you may need help with everyday tasks.

Treatment

How do we treat it? It depends on the underlying cause. We can examine you to look for the cause. We may ask you questions and give you tests to see how your brain is working. You may benefit from medications and various types of therapy. We may recommend lifestyle changes to keep you safe and healthy. Your doctor will create a plan that's right for you.