



Well-Child Doctor Visits



Overview

We all know doctor visits are important when your child is sick. But kids should see the doctor regularly when they're well, too. We call these "well-child" visits. Kids are always growing and changing. Well-child visits let the doctor track their development, and find or stop health problems before they become serious issues.

What happens during a visit?

What happens during a well-child visit? The doctor gives your child a complete medical exam. They record your child's height and weight. They check to make sure your child is reaching developmental milestones. The doctor examines your child's eyes, ears, nose, throat and heart. They screen your child for common medical issues. And, they make sure your child is up-to-date on vaccines.

Questions for you

The doctor may ask about your family life, and how your child is doing socially and in school. Your answers help the doctor better know your child as a person.

Ask questions

A well-child visit is a good time for you to ask questions, too. Is your child getting enough sleep? Do you have a safety concern? Are you worried about a disease? Bring a list of questions with you so you'll remember what to ask about.

Conclusion

Regular doctor visits are an important part of your child's health. So don't skip any appointments, and follow the doctor's care plan.

