



Breast Cancer During Pregnancy



Overview

It's difficult to find out you have breast cancer when you're pregnant. You worry about your health, and the health of your baby. Treatment can be complex. Let's talk about the road ahead.

Making a plan

First, know that your cancer won't spread to your baby. But some types of breast cancer can spread to other parts of your body. So we need to make a plan to treat it. A care plan will be tailored to your cancer and your needs.

Safe treatment options

Next, know that we can treat cancer safely even during pregnancy. You can have surgery when you are pregnant. You may be able to have chemotherapy. But know that some treatment options may increase the risk for your baby. Some parts of treatment may be delayed until after you give birth. Depending on the type and stage of your cancer, you may have some very hard decisions to make. Your doctor will explain all of the care options and what they mean for you and your baby.

Take an active role

And finally, don't forget that you are an important part of your care team. So speak up. Ask questions until you have the answers you need. By taking an active role in your care, you can ensure your care plan is right for you.

