



## Disinfecting Your Home of COVID-19



### Overview

Someone in your household has a COVID-19 infection. You're worried it could spread to you or other family members. Let's learn how to clean your home and lower your risk of infection.

### Gloves

Before you begin, put on disposable gloves if you have them. You'll wear them for all cleaning, laundry and other COVID-19 chores. Then when you're done, throw the gloves away and wash your hands immediately. If you use reusable gloves, don't use them for anything except COVID-19 cleaning.

### Cleaning and disinfecting

First, you need to clean the things that people touch a lot. Clean light switches, doorknobs, tables and countertops. Clean keyboards, phones and faucet handles. After you've cleaned, disinfect. There are many types of germ-killing soaps and solutions. Check to make sure yours is effective against viruses. Follow the instructions to make sure you use it safely and correctly.

### Soft surfaces

Soft surfaces, like carpets, rugs and drapes can be cleaned, too. Use soap and water, or special cleaners made for these items.

### Laundry

You need to do laundry, too. A sick person's laundry can be washed with everyone else's clothes. Don't shake the dirty laundry when you pick it up. Put it in the washing machine. Use the warmest water setting that won't harm the laundry. Then, clean and disinfect the hamper.

### Trash

Finally, keep a lined trash can that only the sick person uses. Have them throw all of their trash in this one bin. When it's time to take it out, wear gloves to remove the bag and dispose of it. By following these tips, you can limit the spread of the virus.