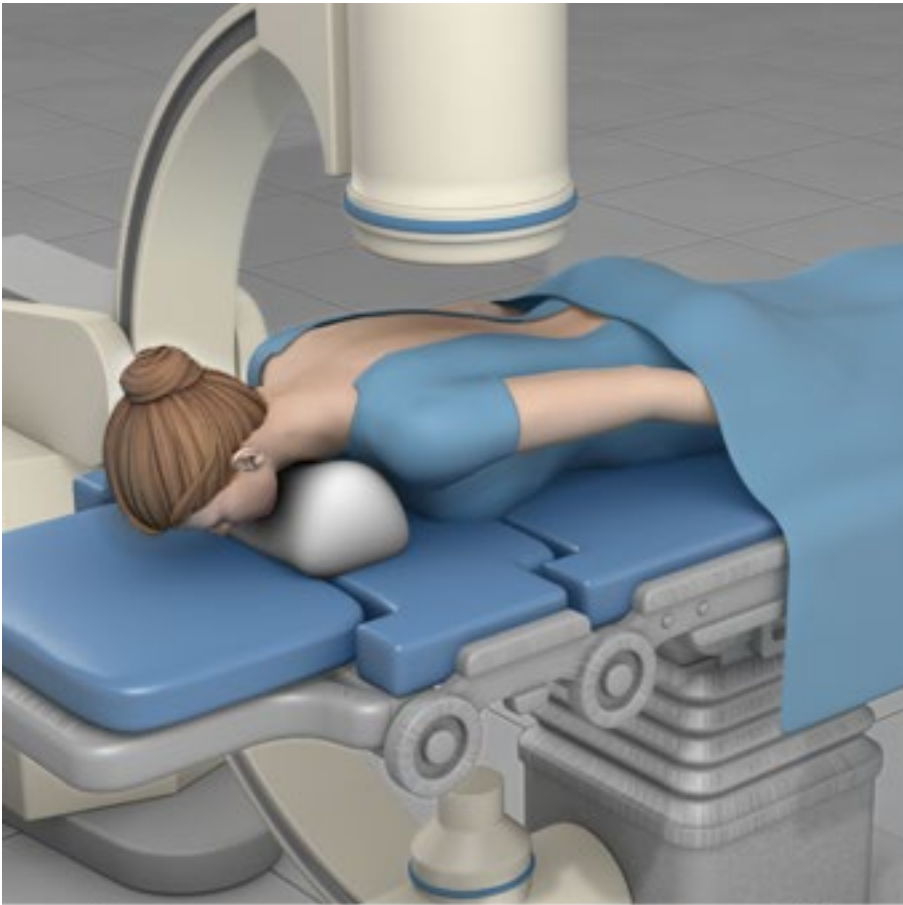


Intradiscal Injection



Overview

This is an injection of medicine into a spinal disc. That's a soft cushion that allows the bones of your spine to flex and twist. An intradiscal injection helps your doctor find or treat your pain.

Preparation

To begin, you lie face down. You are given medicine to make you feel relaxed. The skin of your back is numbed. With the help of a video x-ray device we call a "fluoroscope," the doctor guides a thin needle into the painful disc.

Injection

A small amount of contrast dye is injected into your disc. This helps the doctor make sure the needle is placed correctly. Then, the medication is injected. You may need to have an injection in more than one disc.

End of Procedure

When the procedure is done, you're watched for a brief time. Then, you can go home. Follow your doctor's instructions.

