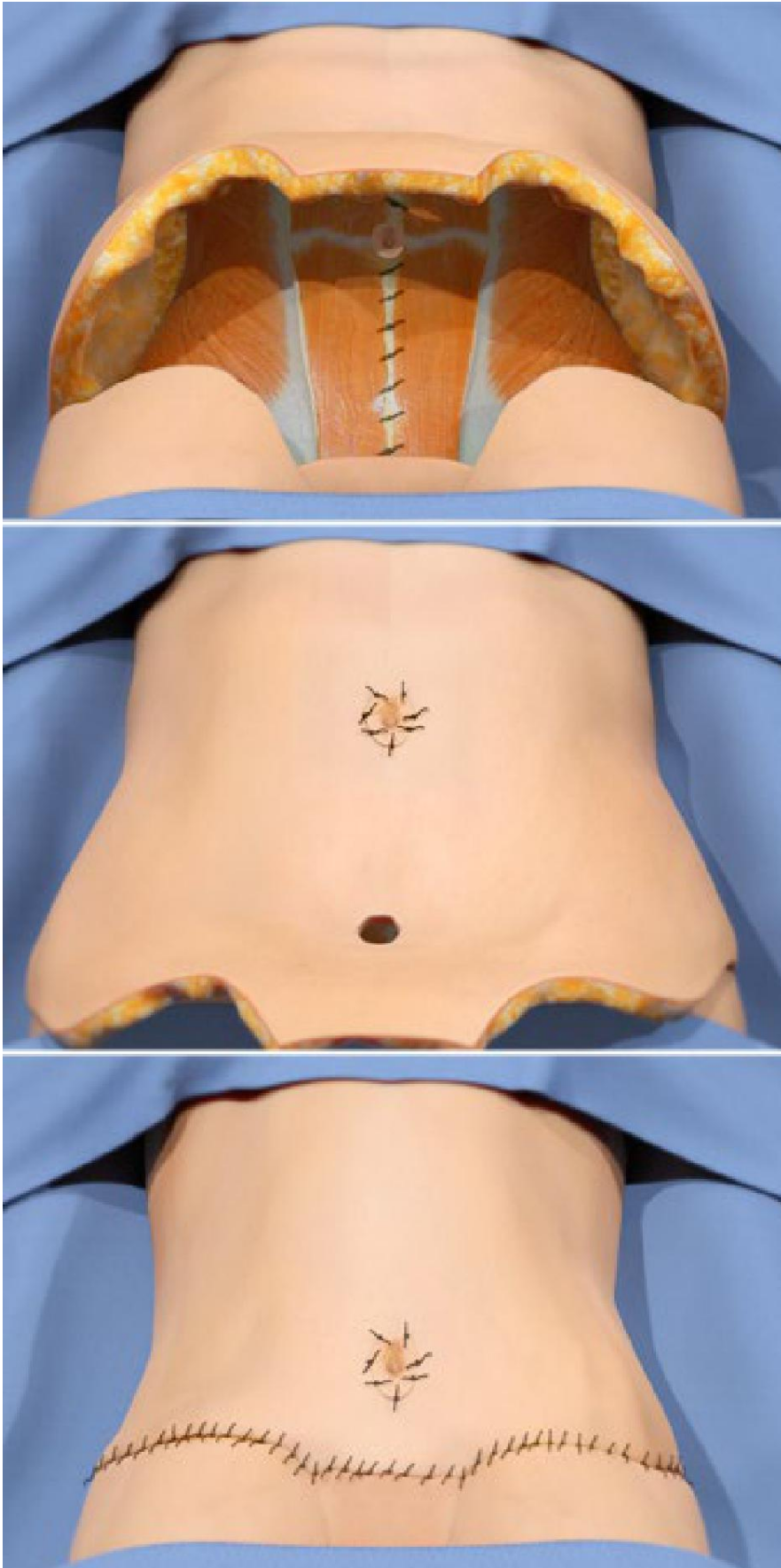




## Tummy Tuck (Classic Method)



### Overview

This is a procedure to remove loose skin and fat from your stomach area. It tightens your abdomen, and gives it a more toned look. A tummy tuck can help you feel better about your body.

### Preparation

To begin, you are anesthetized. The surgeon makes an incision in the skin between your belly button and your pubic hair. It runs across from hip to hip.

### Procedure

The surgeon lifts your skin and fat to reveal the tissues and muscles of your abdomen. These are adjusted and tightened with sutures. Then, your abdominal skin is pulled down. As the skin shifts, it may cover your bellybutton. If so, an incision is made to reveal it. Finally, the surgeon trims away the flap of extra fat and skin, and your incisions are closed. You'll have a thin scar that runs along the crease of your bikini line.

### End of Procedure

After your surgery, you are watched in a recovery room, and then you can go home. Follow your surgeon's instructions as you recover.