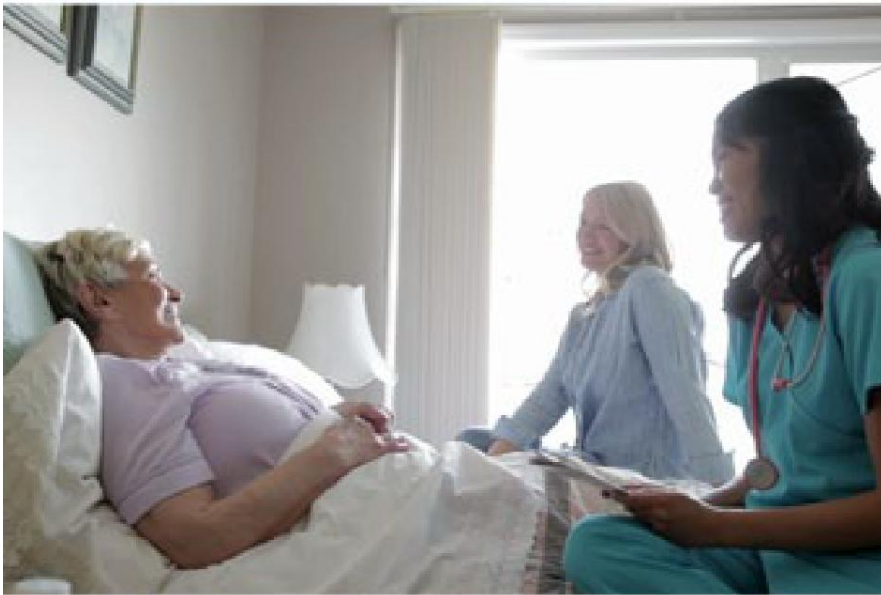




Hospice Care (End-of-Life Care)



Overview

If you or someone you love has reached the end of life, it's time to think about hospice care. This form of care provides comfort and support for a dying person and for their family. Hospice care isn't meant to treat or cure disease. It helps people die peacefully and with dignity.

Who is it for?

In most cases, hospice care is provided at home. A family member is the main caregiver. And members of a hospice care team may come by to provide regular support. Other people receive hospice care at a hospital, a hospice center or a nursing facility.

How does it help?

Hospice care is tailored to your needs. Your care team may include doctors, nurses, counselors, health care aides and volunteers. Members of your team help you manage medications. Hospice care workers help you deal with basic issues like bathing, dressing, eating and transportation needs. You may also get different types of therapy.

Other benefits

Hospice care counselors can help you and your family cope with the emotional aspects of death. They help you deal with depression, anxiety, fear and other issues. And if you are religious, spiritual counselors can help you explore your spiritual beliefs. To learn more about hospice care, talk to your doctor.