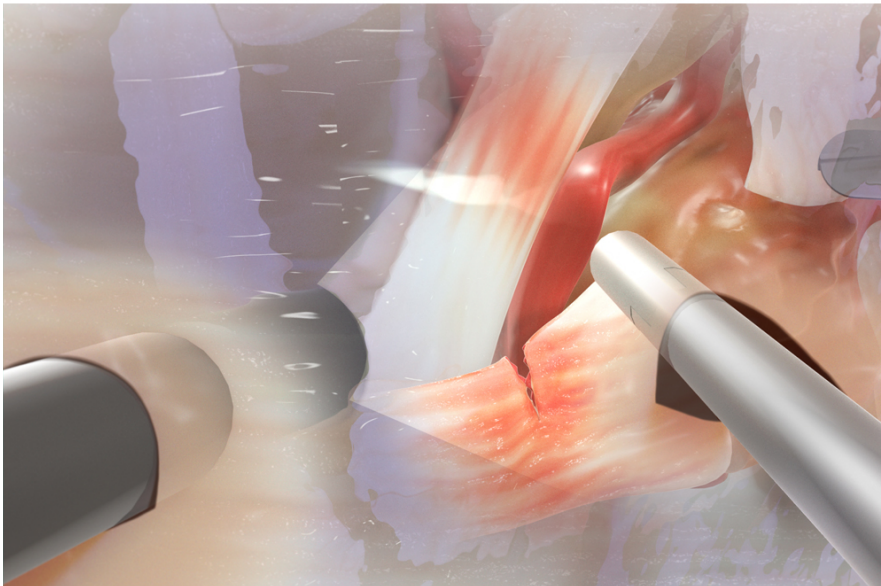
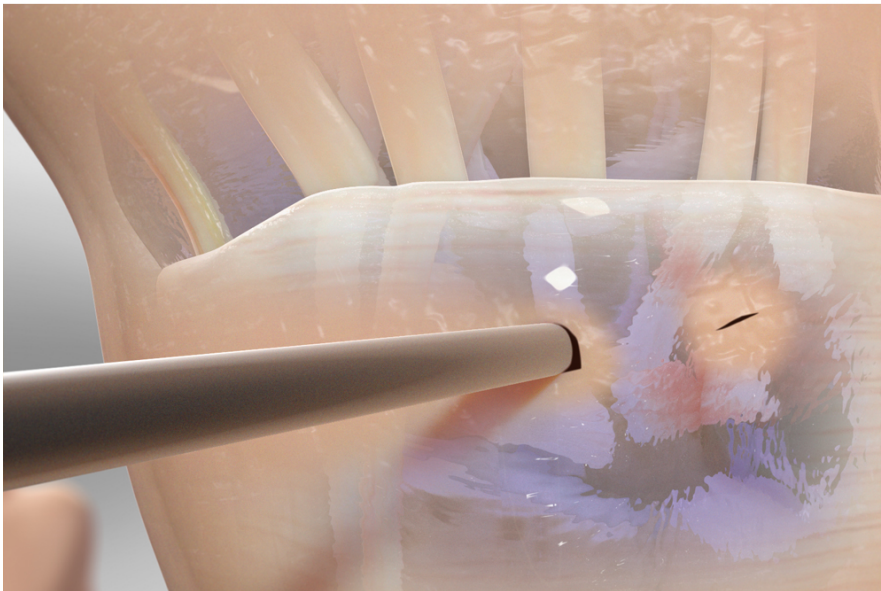




## Wrist Arthroscopy



### Overview

This surgery helps us find and treat a wide range of issues in the wrist. It doesn't require a large incision in your skin. Instead, we use a special camera (called an "arthroscope") and tiny surgical tools. Let's take a moment to see how it works.

### Preparation

To begin, we give you medicine to make you feel relaxed and numb. You may be put to sleep. Then, we inject fluid into your wrist. This gives us more room to see and work. We make a series of small openings in your skin. One is for the arthroscope. It shows the inside of your wrist on a monitor. The other openings are for various tools.

### Inspecting and repairing the wrist

Now we look carefully at the structures in your wrist. We inspect the bones and soft tissues for damage. We can fix many issues arthroscopically. We can do things like remove loose or damaged cartilage, repair a damaged ligament or reshape a bone. But if you have a serious or complex issue, we may need to make a larger incision so we can treat you effectively.

### End of procedure

When it's done, we close the openings in your skin and put your wrist in a splint to stabilize it. Follow your care tips for a safe recovery.