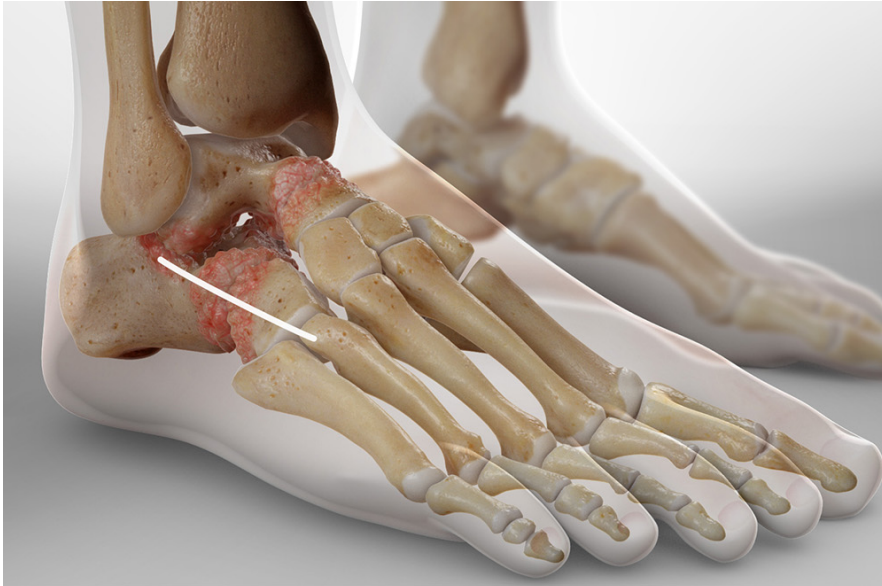




Triple Arthrodesis



Overview

This surgery fuses three joints in the foot. These are the subtalar joint, the calcanocuboid joint and the talonavicular joint. You may need this surgery if you were born with a foot problem, or if you've developed rigid flat foot. You may need this surgery if you have an injury, or if you have arthritis.

Preparation

To begin, you're put to sleep. Or, we give you medicine to make you feel relaxed and numb. Then, we make one or more incisions. Often we make two incisions, one on each side of the foot. Then, we remove the cartilage between the bones of the three joints we're fusing. If the bones of your foot don't line up well, we correct their positions.

Fusing the joint

Now it's time to create the fusion. First, we make sure these bones fit together tightly. Then, we use hardware to join them. We may add bone graft to help these joints fuse as your foot heals.

End of procedure

When it's done, we close and bandage your skin. Your foot will be immobilized. You can expect to wear a cast or brace during the healing process. Follow your care plan for a safe recovery.