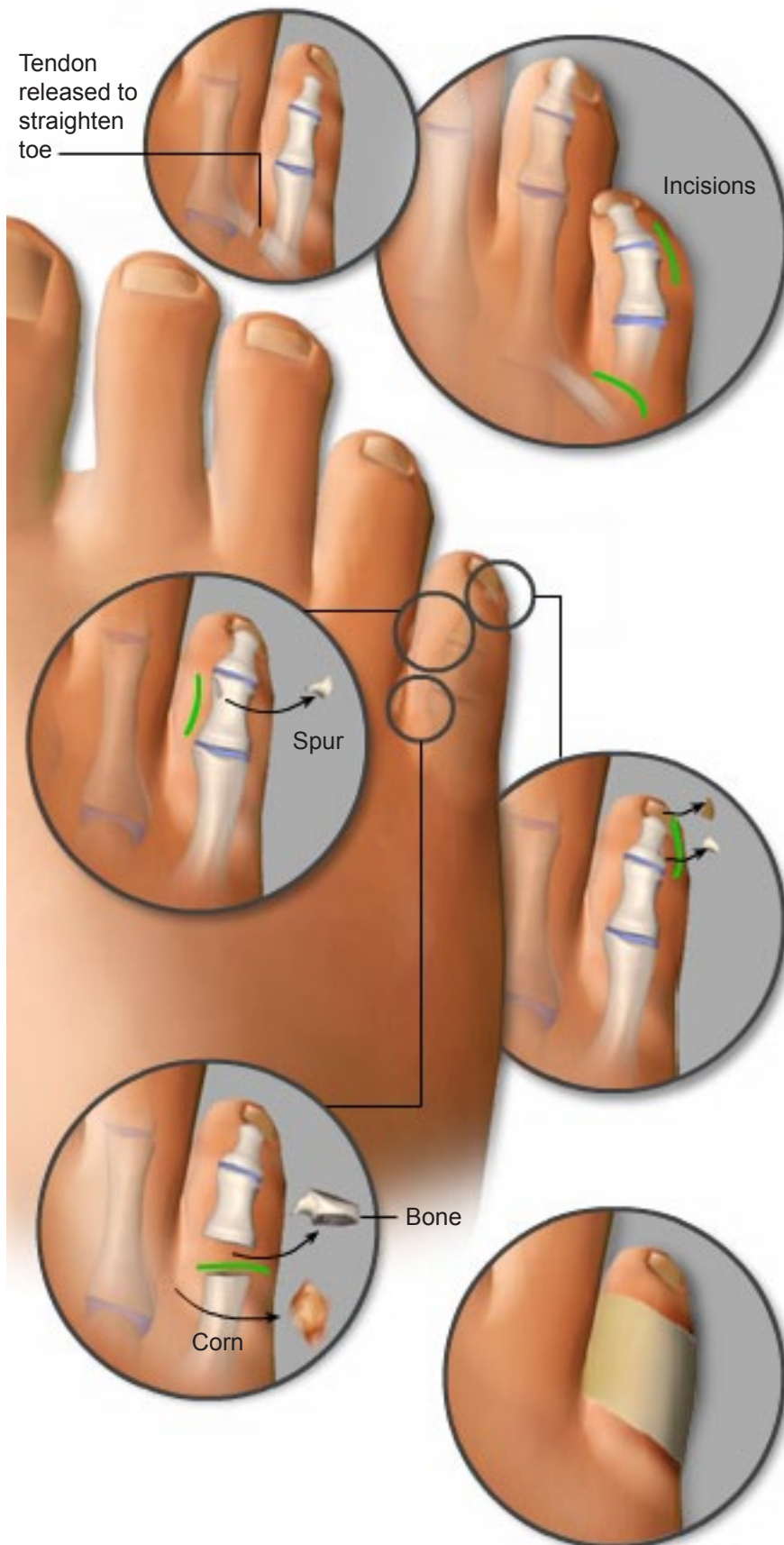


## Minimal Incision Toe Bone Spur Removal



### Overview

Toe bone spur removal is a quick procedure that may be performed in the doctor's office or in the hospital.

### Incision

After an injection of a local anesthetic to numb the area, a small incision is made over the spur.

### Spur Removal

The spur is removed with a rasp or power burr.

### Additional Treatment

Depending on where the spur is or the presence of other conditions, additional treatment may be required.

### Toenail Removal

If the spur is on the outside of the toe near the nail, a small portion of the toenail may have to be removed.

### Tendon Release

If the toe on which the spur is located has a curvature, that curvature may have caused the spur. An additional incision may be needed to cut, or release, the tendon attached to the bottom of the toe. This relieves the inward pull on the toe.

### Bone Removal

When the spur is on the inside of the fifth toe, there may be a corn between the fourth and fifth toes. If so, the top of the bone is cut and removed to prevent the toes from rubbing against each other.

### End of Procedure/After Care

The incision is closed with one or two stitches and covered with a small bandage. The patient can walk immediately, wearing a post-operative or wide-fitting shoe.