



## Femoroacetabular Impingement Surgery (Open Method)



### Overview

This surgery fixes problems caused by a poorly-shaped hip joint. That's a condition known as femoroacetabular impingement. We call it "FAI." The surgeon repairs your hip through an incision.

### Preparation

To begin, you are given medicine to put you to sleep, or to make you feel numb and relaxed. The surgeon makes an incision on your hip to reach the joint.

### Fixing the joint

The surgeon studies your joint. You may have torn tissues, damaged cartilage, bone spurs or other problems. Your surgeon fixes these. Any extra bone on your ball and socket is trimmed away. That will let the ball and socket glide smoothly.

### End of Procedure

When the surgery is done, the incision is closed. You'll be watched for a brief time, and then you can go home. Your healthcare provider will give you tips to help you heal.

