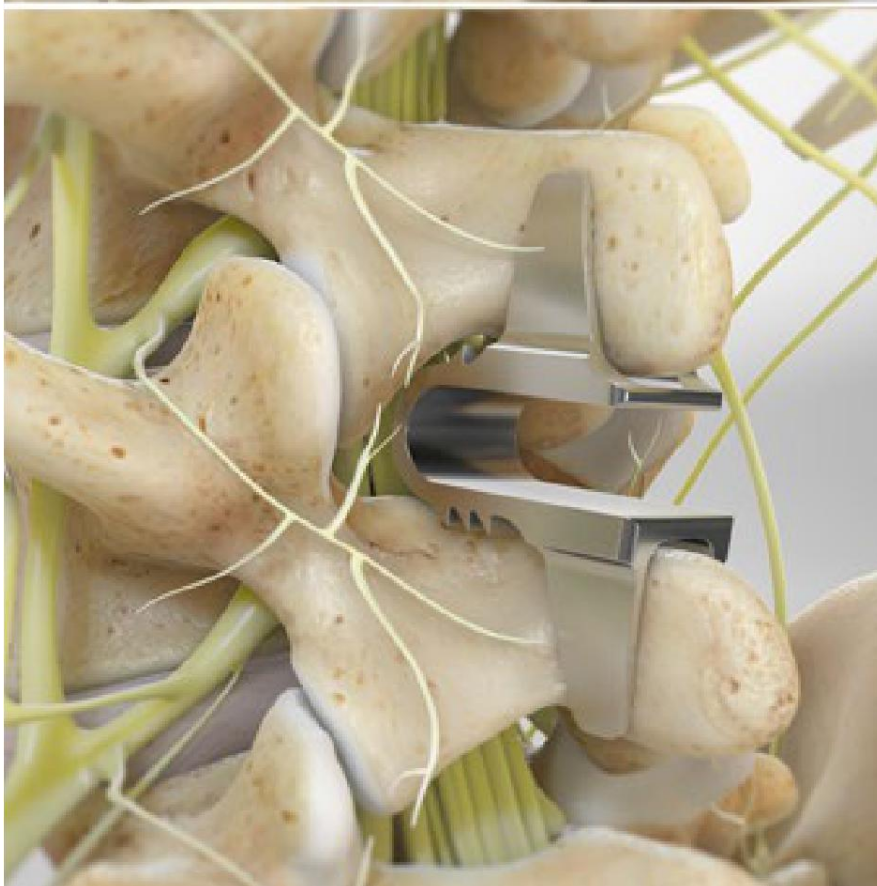




## Interlaminar Stabilization (coflex®)



### Overview

This small implant gives your spine support. It's placed in your spine as part of a surgical treatment for the pain of spinal stenosis. Unlike a spinal fusion, the implant preserves motion. So your spine can still move naturally.

### Preparation

To begin, you're put to sleep. A small incision is made in your lower back. Your surgeon clears a path to the spinous processes. These are the bony bumps that stick out from the rear of your spine.

### Decompression

The surgeon may need to make a few adjustments. If bone spurs interfere with your spine's movement or press against your nerves, they are removed. We call this "decompression." It can relieve pain in your back and legs.

### Placing the implant

Now, the implant is inserted. It's guided between the spinous processes and positioned on the lamina. The implant provides support. It holds open the spaces where nerves exit your spine. It prevents painful pressure on the nerves, joints and the nearby spinal disc. With the implant in place, you'll still be able to move your spine.

### End of procedure

When the surgery is done, the incision is closed. You're watched in a recovery room. Your surgeon will tell you when you can go home. Follow your surgeon's plan for a safe recovery.

Coflex® is a registered trademark of Surgalign Spine Technologies, Inc., which has not authorized, sponsored or otherwise approved of this content.

© 2020 Swarm Interactive. Unauthorized duplication is strictly forbidden.