



Schizotypal Personality Disorder



Overview

This is a mental health disorder. If you have it, you have trouble understanding relationships and how you affect others. You also think and act in ways that are not normal. You may dress oddly and behave in unusual ways. This can make it hard for you to get along with others.

Causes

We don't know what causes this disorder. Several factors may be involved. It may be linked to your genes. It may be linked to the way your brain works, and to things you have experienced during childhood.

Symptoms

If you have schizotypal personality disorder, you may show a wide range of symptoms. You may be uncomfortable around other people, so you may have few - if any - close friends. You may have trouble understanding emotions, which can cause you to express your feelings in inappropriate ways. People may describe you as peculiar and eccentric. You may dress in clothes that don't match. You may speak in an odd way, and ramble off topic. You may be suspicious of people. You may misinterpret everyday occurrences, believing that things have a special meaning just for you. You may believe in special powers or other fantastic ideas. Others may have a hard time convincing you that your false beliefs are not true.

Treatment

Schizotypal personality disorder can be treated with talk therapy. Medications may also help. Your healthcare provider can create a plan that's right for you.

Actor portrayals in photos

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