





0-- 4-- 1/1-

# Medical Orders for Scope of Treatment Form (MOST Form)

#### Overview

You may hear about a medical orders for scope of treatment form as you near the end of your life. Or, if you legally represent someone who's near death but cannot make medical decisions, you may be asked about one. We call it a "MOST" form. It's a legal document that lets you keep control of your medical care.

### What does it do?

What does a MOST form do? Well, it's similar to a do-not-resuscitate order (also known as a "DNR order"). But a DNR order only tells healthcare workers not to perform cardiopulmonary resuscitation (CPR). A MOST form can deal with more issues. It can give directions for other lifesustaining things, like breathing tubes, feeding tubes and medicine.

# Why choose it?

If you're healthy, you don't need a MOST form. A living will and health care power of attorney can give your healthcare workers plenty of information. But if you have a life-threatening medical condition, you may need to consider having a MOST form, too. It can help ensure that your wishes are followed. If you have a MOST form and want to cancel it, tell the doctor right away. The documents will need to be destroyed.

## Conclusion

If you think a MOST form may be right for you, talk to your doctor for more information.