



Morton's Neuroma Surgery



Overview

This surgery relieves the pain of Morton's neuroma. That's a thickening of a nerve sheath in your foot.

Preparation

To begin, you're put to sleep. Or, you may be given medicine to make you feel relaxed and numb. We make a small incision in the top of your foot to reach the neuroma.

Treating the problem

We treat the neuroma in one of two ways. We may release tight ligaments around the neuroma. This creates more room for the nerve, relieving pressure and pain. But this may not be right for every patient. For some patients, we may need to completely remove part of the nerve. If we remove it, the area between your toes will be permanently numb.

End of procedure

When it's done, we close and bandage your skin. You'll wear a special shoe after the surgery. You may need a cast or a boot as you heal. Follow your care plan for a safe recovery.

