



Mood Stabilizers



Overview

These medications help calm the activity in your brain. They treat severe mood swings caused by bipolar disorder and other mental disorders. Sometimes they're used to treat depression, impulse disorders and other issues.

How They Work

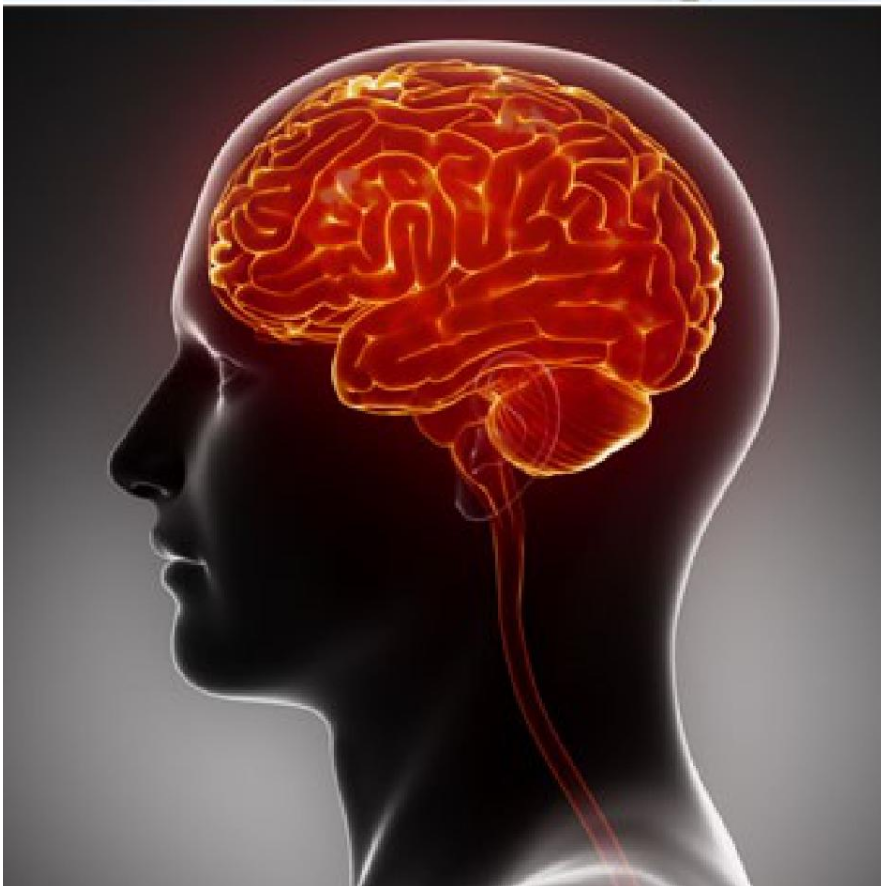
We don't fully understand how mood stabilizers work. We believe they help calm activity in parts of the brain that are overstimulated. They help your brain work in a more normal way.

Types of Medications

There are a few different types of mood stabilizers. Each affects your brain and body in different ways. Your doctor may give you a few different medications before finding the one that's right for you.

Conclusion

If you're taking a mood stabilizer, follow all of your doctor's instructions and advice. Take it only as directed. Do not change your dose, and don't stop taking it without talking to your doctor. It can be dangerous to stop taking your medication abruptly. Talk to your doctor for more information about the safe use and possible side effects of mood stabilizers.



Actor portrayals in photos

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