



Mini-Stroke Warning Signs (Transient Ischemic Attack; TIA)



Overview

You can have a stroke that lasts for only a few minutes and then seems to go away. We call that a "mini-stroke." It happens when part of your brain's blood supply is blocked for a short time. But even if your symptoms disappear, a mini-stroke is a dangerous event. You need to seek help right away.

Warning signs

During a mini-stroke, you may experience a wide range of warning signs. They happen suddenly. You can have numbness or weakness, especially on one side of your body. You may become confused, and you may have trouble speaking. Your sight may be affected, and you may have trouble seeing in one or both eyes. You can have problems with balance and coordination. You may feel dizzy, and you may have trouble walking.

Get help

A mini-stroke is a sign of a serious problem. So if you experience any of these symptoms, get help immediately. Call the emergency number and say "I think this is a stroke." Do not delay.

Conclusion

The symptoms of a mini-stroke often go away within an hour. But that doesn't mean everything is OK. Go to a doctor and get examined. By acting quickly during or after a mini-stroke, you may prevent severe disability, or even save your life.

