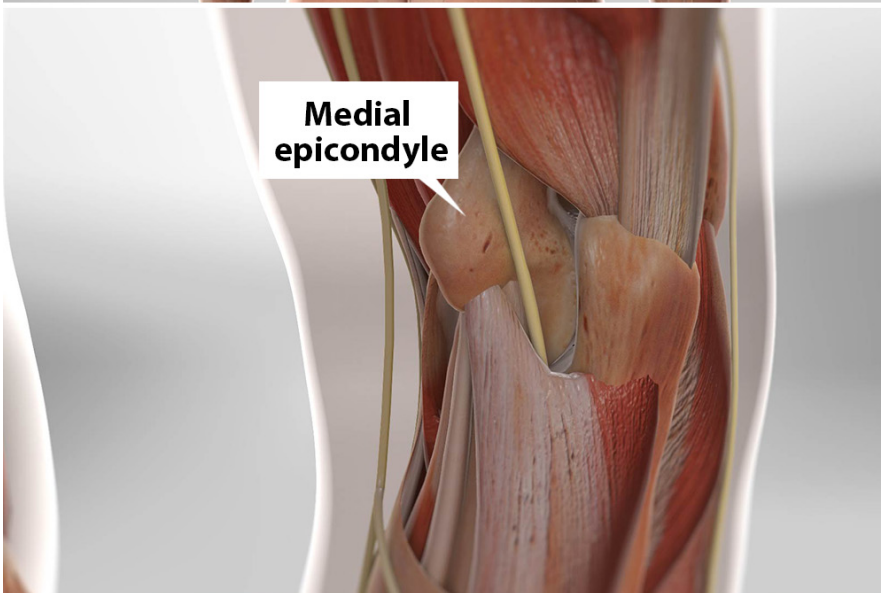




Medial Epicondylectomy



Overview

This surgery removes the medial epicondyle. That's the bony bump you feel on the inner side of the elbow. We do this to treat cubital tunnel syndrome. That's a compression of the ulnar nerve.

Preparation

To begin, you're put to sleep. Or, we give you medicine to make you feel relaxed and numb. We make an incision along the inner side of the elbow. This lets us reach the medial epicondyle. We gently move the ulnar nerve away from this bump.

Removing the bump

Now we remove the bump. By taking it away, we create more space for your ulnar nerve. We make sure your nerve isn't compressed when you bend your elbow.

End of procedure

When it's done, we close and bandage your skin. Typically, after the surgery your arm is splinted and supported with a sling. Follow your care plan for a safe recovery.