



## Talus Fracture



### Overview

This is a break of the bone that sits above the heel bone and below the lower leg bones. The talus forms the lower part of the ankle joint. A talus fracture is a serious injury that needs medical care.

### Causes

How does this bone get broken? Talus fractures are usually caused by a high-energy impact. You can break your talus in a road accident. It can happen if you fall from high up. These breaks can also result from sports injuries.

### Symptoms

What are the symptoms? A talus fracture is very painful. You can't walk or put weight on your foot. You'll also have a lot of swelling, bruising and tenderness.

### Treatment

A talus fracture must be cared for by a doctor. If it's not treated properly, you can have serious complications. Your ankle will be immobilized, and you may need surgery. You will also need rehabilitation. Your doctor will create a plan that's right for you.

