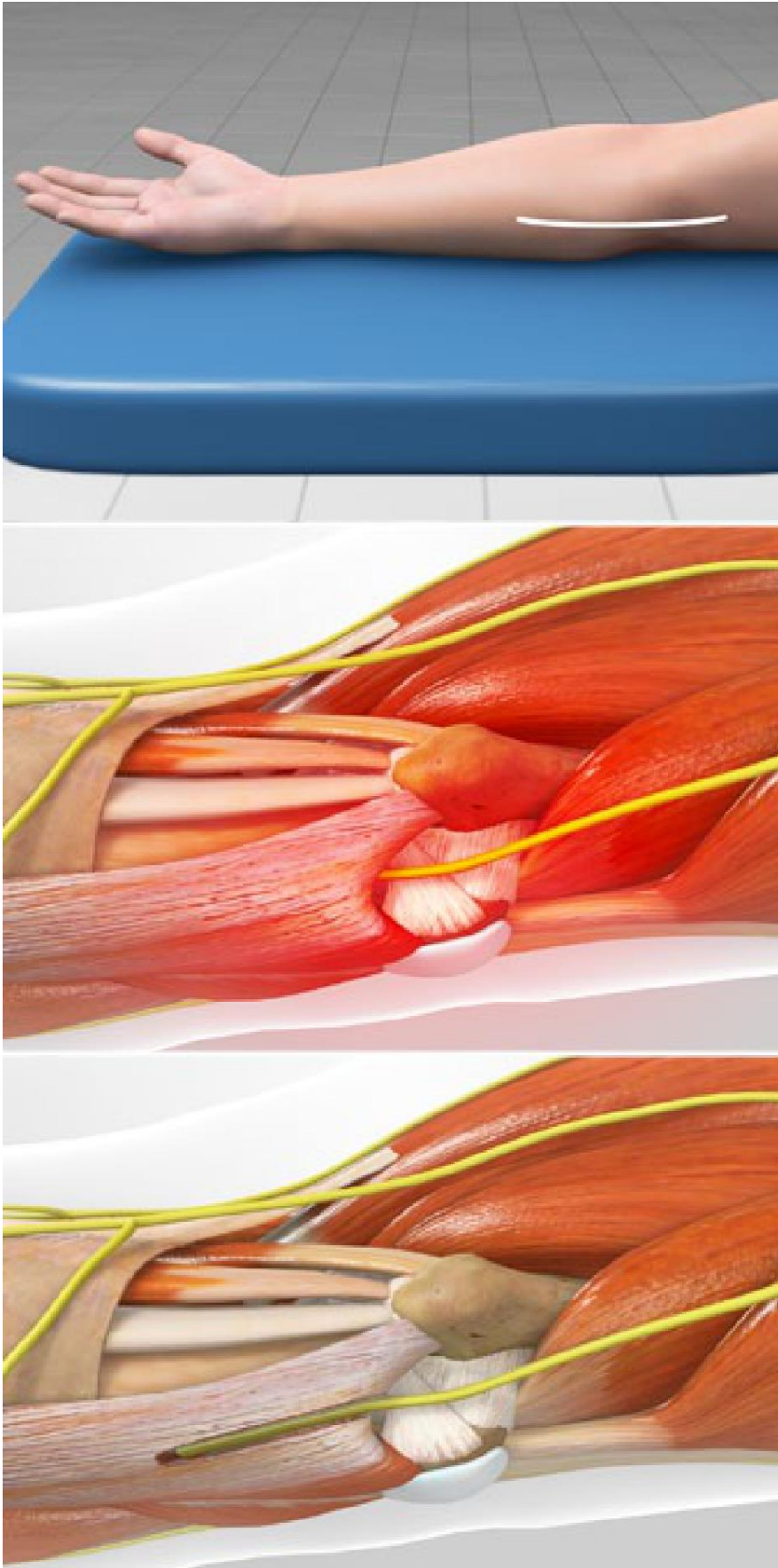




## Cubital Tunnel Release



### Overview

This surgery treats cubital tunnel syndrome. That's a compression or irritation of the ulnar nerve at the elbow. During this surgery, the nerve is given more room.

### Preparation

To begin, you are anesthetized. Your surgeon makes a small incision on the inner side of your elbow.

### Freeing the Nerve

Your ulnar nerve travels through a passageway called the "cubital tunnel." The surgeon carefully releases tissue to open up this tunnel and create more room for your nerve. This is called "decompression." It will keep your nerve from being pinched or irritated when you bend your elbow. Your surgeon may also decide to move the nerve out of the tunnel and reposition it. That's called "transposition."

### End of Procedure

When the surgery is finished, the incision is closed. Your arm is bandaged, and you may wear a sling. Your healthcare provider will give you tips to help your recovery.