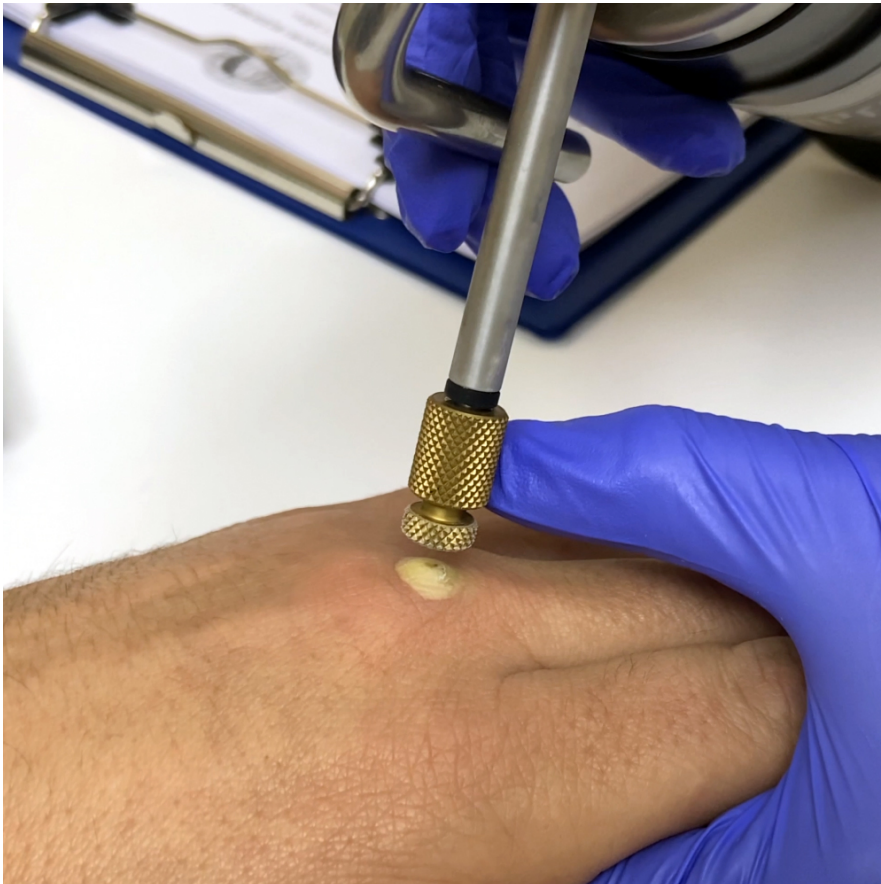




Cryotherapy (Cryosurgery)



Overview

This treatment uses a very cold substance (commonly liquid nitrogen) to freeze and remove unwanted skin growths. Freezing causes the skin cells to break apart and fall off. Cryotherapy is a simple way to treat many skin problems without cutting the skin.

What do we use it for?

What types of issues can cryotherapy treat? We use it to remove warts, skin tags, and some precancerous spots. Cryotherapy is a quick procedure that can be done in a doctor's office. It doesn't usually leave scars.

Procedure

What happens during the procedure? To begin, your skin is cleaned. Then, the freezing agent is applied. It can be sprayed onto your skin from a canister. Or, it can be applied with a swab that has been dipped in the liquid and pressed against your skin. You'll feel a cold sensation, and it might be uncomfortable, but most people don't think it hurts very much.

Conclusion

After the treatment, your skin might look red and swollen, a blister may form, and your skin may feel sore. This is normal and shows that the treatment is working. During the next few days, the growth will dry up and fall off. Follow your care plan as it heals. And you should know that you may need to have more than one treatment to fully remove the growth. For more info, talk to your doctor.