



Cold Laser Therapy



Hand-held device



Arm-mounted device



Overview

This technique uses laser light to promote the healing of injured tissues. It may be used to replace invasive procedures such as injections and surgery. In some cases, it may reduce the need for physical therapy.

Therapy

Some techniques call for use of a hand-held device. Others use an arm-mounted device. Both shine a special laser at a frequency that penetrates deeply through the skin.

How it Works

The laser is painless, producing no heat or discomfort. The therapy is thought to stimulate the body to restore normal cellular function to damaged tissues beneath the skin. It reduces inflammation and aids the body's natural ability to heal itself.

Safe, Noninvasive Care

Cold laser therapy is a safe, noninvasive form of care for a wide range of issues. It can help patients who have acute or chronic conditions. A continuing care plan may be recommended to ensure long-lasting benefits.