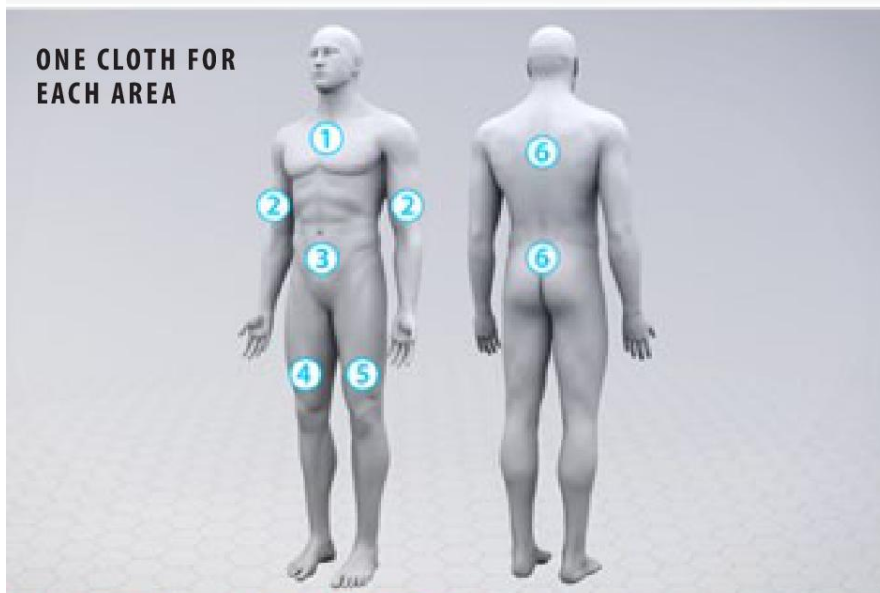




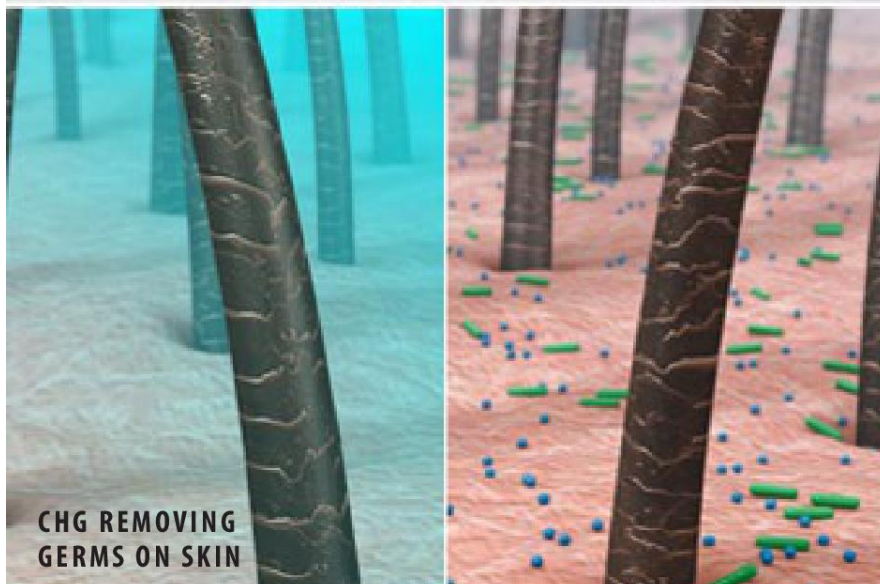
## Preparing for Surgery: CHG Skin Cleanser (Disposable Cloths)



CHG CLOTHS



ONE CLOTH FOR EACH AREA



CHG REMOVING GERMS ON SKIN

### Overview

Before you have surgery, you may be asked to cleanse your skin with disposable cloths moistened with a chemical called CHG (chlorhexidine gluconate). This antiseptic eliminates many of the germs on your skin. It keeps your surgical site clean and free from infection. This video shows basic directions for using CHG cloths. To get the full benefit, follow the directions for the specific type of cloths you are asked to use.

### Preparation

Before using the cloths, take a bath or shower using regular soap and shampoo. Dry yourself with a clean towel. Do not put on any powders, lotions, cosmetics or hair products after you are clean.

### Using the Cloths

When your skin is dry, open the packets containing the CHG cloths. Use these cloths to clean your body from the neck down. Use one cloth for each area of the body as shown in the instructions. Typically, you start with your chest and arms and work your way down and around your body. Don't wipe your genitals or your rectal area. Wipe your skin in a back-and-forth motion, but do not scrub.

### Finishing

You will use a series of cloths. Discard the CHG cloths in the trash can. Do not flush them down the toilet.

### Get Dressed

Allow your skin to air dry for one minute. It is normal for your skin to feel sticky after wiping with a CHG cloth. This sticky feeling is temporary. Do not rinse your skin. When you are finished, dress in clean clothes or pajamas. If you have questions about using your CHG cloths or preparing for surgery, talk to your doctor.