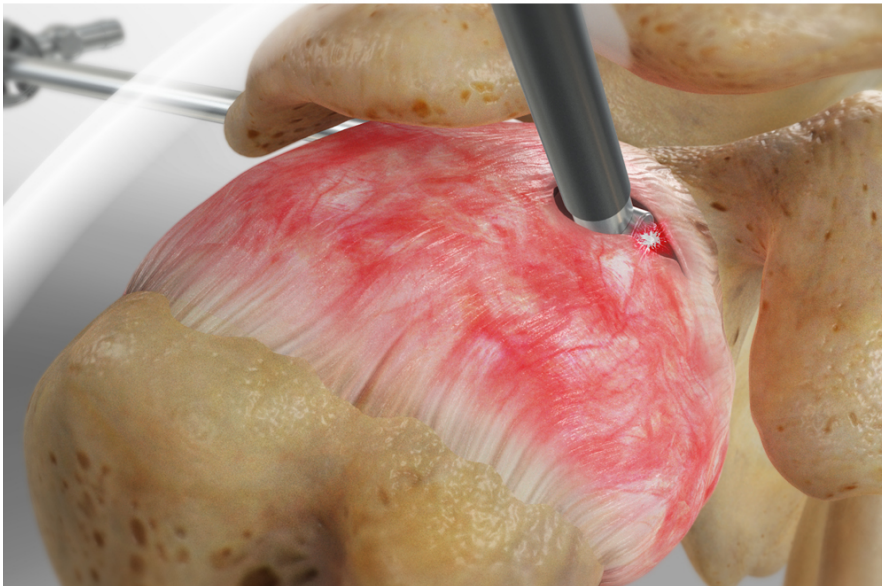
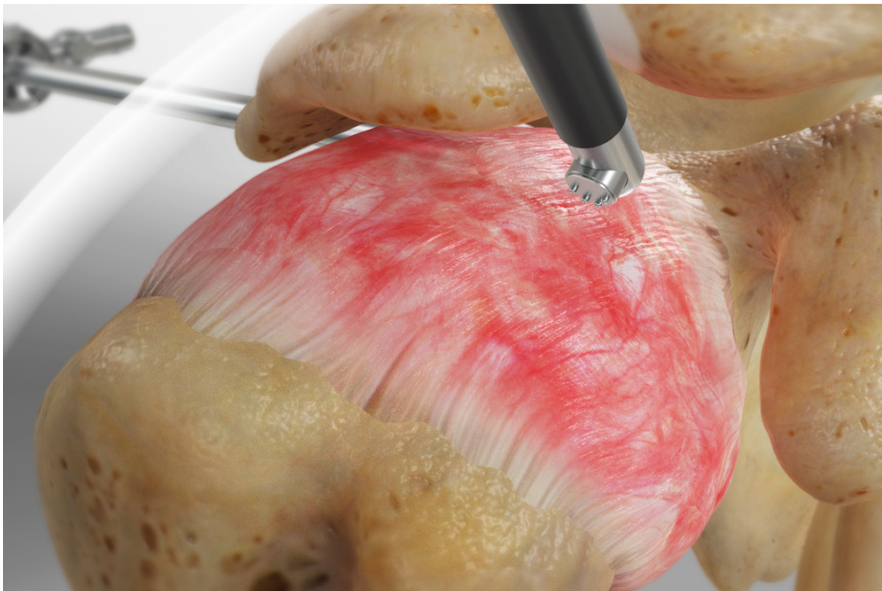
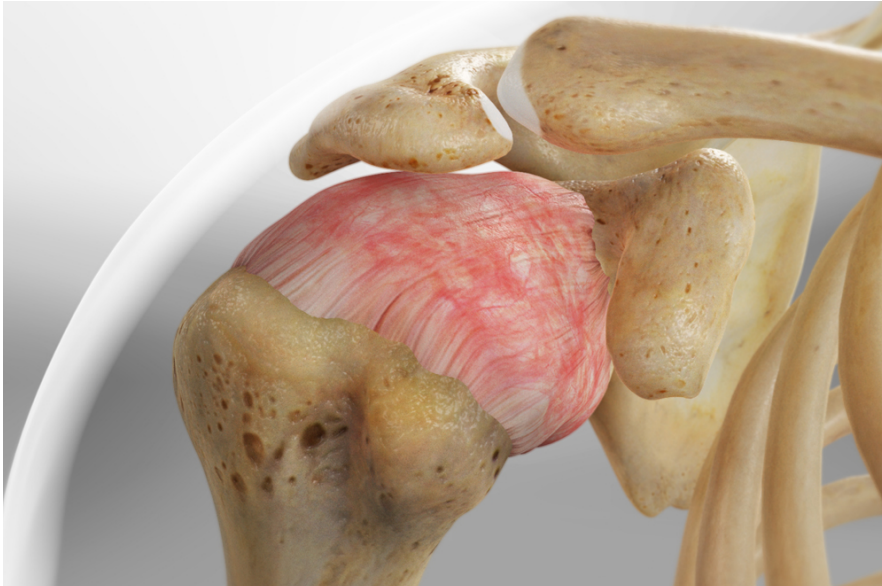




Capsular Release of the Shoulder (Arthroscopic Radiofrequency Method)



Overview

This surgery treats adhesive capsulitis. That's a condition we also call "frozen shoulder." It's when the the capsule of connective tissue that surrounds the shoulder joint becomes thick and tight. This surgery releases it to improve the motion of your shoulder.

Preparation

To begin, you're given medicine to make you feel relaxed and numb. You may be put to sleep. We make some small openings in your skin. One is for a video camera device called an "arthroscope." It lets us see inside your shoulder. The others are for tiny instruments.

Release

Now it's time to release the capsule. We do this with a radiofrequency probe. It uses RF waves to heat and destroy tissue. With this probe, we make a series of cuts in the joint capsule. This allows the capsule to stretch. It relieves the tightness so your shoulder can move more freely.

End of procedure

When it's done, your skin is closed and bandaged. After a period of healing, physical therapy will help restore your shoulder's range of motion. Follow your care plan for a safe recovery.