

Definition: Shingles

Shingles is a painful skin rash.

Shingles usually appears in a band, a strip, or a small area on one side of the face or body.

Shingles happens when the virus that causes chickenpox becomes active again in your body.

See your doctor right away if you think you may have shingles.

A shingles vaccine helps prevent shingles.

Want to know more about shingles? Talk with your care team. They are here to help.