

Definition: Rosacea

Rosacea is a skin disease that causes redness, pimples, or other skin changes on the nose, cheeks, chin, and forehead.

In lighter skin, redness is common. In darker skin, you might see dusky brown areas or yellowish-brown bumps.

Experts are not sure what causes rosacea. They know that something irritates the skin and affects the skin's immune response.

Getting treatment can help your skin look and feel better. And it may keep your rosacea from getting worse.

It can help to learn what triggers your flare-ups, and then avoid them.

Want to know more about rosacea and possible treatments? Talk with your care team. They are here to help.