

# Focus On: Uterine Fibroids

Uterine fibroids are growths on or in the uterus.

You can have fibroids on the inside, on the outside, or in the wall of your uterus.

Fibroids aren't cancer.

You don't need to do anything about them unless they are causing problems.

The most common symptoms of uterine fibroids are pain and heavy menstrual bleeding.

But most people don't have any symptoms. If this is the case, treatment may not be needed.

If you do have symptoms, you may be given medicines to help ease your symptoms. Procedures may also be done to help shrink or remove fibroids.

To learn more about fibroids, talk to your doctor.