

# Focus On: Atrial Flutter

The heart has its own electrical system that helps keep the heart in rhythm and helps control how fast it beats.

Atrial flutter is a problem with the heart's electrical system.

It causes the two upper parts of the heart, the atria, to beat very fast, or flutter.

Some people have symptoms when they have episodes of atrial flutter. But other people don't notice any symptoms.

If you have symptoms, you may have heart palpitations, which can feel like a fluttering, racing, or pounding feeling in your chest.

You may also feel weak or tired, dizzy or lightheaded, short of breath, or have chest pain.

Treatment for atrial flutter can help restore the heart's normal rhythm and prevent complications, such as stroke and heart failure.

To learn more about atrial flutter, talk to your doctor.