

Your Healthcare Team: Pediatric Occupational Therapist

Hi, I'm Dave, and I'm here to explain what health care professionals do for you because videos like this are usually kind of boring. I'm going to do this using toys.

When you're making a health care visit, you're part of a care team. Doctors, nurses, therapists and specialists all working together. I want to tell you about the pediatric occupational therapist.

This is a mountain. Also, it's going to be my metaphor. Let me take you on a journey. What if everyday things like brushing your teeth, eating.

And drinking. Or getting dressed felt like climbing a mountain? Every portion is its own problem, with unique solutions required. How are you going to do this every day?

This is the case for many children because of an injury, a developmental disorder, or a condition. The pediatric occupational therapist is their guide.

They're part mountaineer, navigator, climbing partner. They teach you daily life skills. Balancing, dressing, eating, writing. They help design special equipment.

They teach you how to use it. They find the best path forward. They turn challenges into capabilities. They transform impossible mountains into conquered peaks.

Always remember you're not climbing alone. You have an experienced team of guides. And now I'm off to climb my mount.