

Your Healthcare Team: Pediatric Respiratory Therapist

Hello. I'm Dave. I want to show you something. This shows what happens when we breathe. Air comes into the lungs, and then it goes out, in and out in and goes out.

It's easy when everything is working correctly, but sometimes there are issues. Let's pretend these marbles... are air.

Little bits of air. And this track is your airways.

Usually it travels easily, but sometimes there are issues like asthma. We'll use this clay to represent it. It can make the airways smaller. Air can struggle to get through.

Oh. Or sometimes there can be sticky mucus in your airway. We'll show that with wood glue. This isn't great...

But there is good news. You have a team of health care professionals to represent them. We have these toys. And on that team is this person: the pediatric respiratory therapist. It's a big name, but it just means someone whose entire job is to help you breathe right.

And how do they do that? They figure out what's wrong because they're breathing specialists who know exactly what to listen for.

That's what I told them! Sometimes they help manage breathing machines like ventilators. They make sure you use medications correctly.

They can use bubbles to turn breathing practices into play. And they know exactly what to do in emergencies.

Because breathing shouldn't be hard work. And they're here to make sure it isn't. Just remember, you're not alone. You are part of a health care team.

You're not alone. Oh, this is fun! Oh, yeah look at that. Man, this is great. Oh, there we go. Hey, just go in there.