

Home Health Care: What to Expect

Home health care includes a variety of medical support and services that you or a loved one may need at home.

This may be after an illness, an injury, or surgery. Or you might need care at home if you have a chronic condition that needs managing.

You may also receive home health care if you are “homebound.” This means that you have trouble leaving your home without help from a cane, a wheelchair, or from another person.

Your doctor can prescribe home health care from a certified clinician. Certified home health care providers can include skilled nurses, physical and speech therapists, and home care aides.

Nursing care can include wound care and help with medical equipment, injections, and medicines.

You may need speech, physical, and occupational therapies such as exercises to help with healing and pain.

If home health care is prescribed, someone from a home health agency will meet with you either at your home or before you leave the hospital.

They'll talk to you about your health, assess your needs, and create a treatment plan.

This is a great time to ask questions, learn about any out-of-pocket costs, and who to call if you have any concerns or questions.

Most people find home health care to be convenient and more comfortable than if they stayed longer in the hospital or when they're homebound.

Home health care... It's just what the doctor ordered for healing and feeling better at home.