

# Definition: Hemoglobin A1c

Hemoglobin A1c is a blood test that shows your average blood sugar for the last few months.

The results of a hemoglobin A1c test show if you have diabetes or prediabetes.

Your healthcare provider might recommend a hemoglobin A1c test if you have symptoms of... increased thirst, peeing frequently, tiredness, dry skin, blurred vision, weight loss.

Want to know more about the hemoglobin A1c test? Talk with your care team. They are here to help.