

# Using Chlorhexidine Gluconate (CHG) Liquid Soap Before Surgery

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When using CHG liquid soap, always follow the directions for your specific product and provider.

First shower with regular soap and water. Rinse well. Then turn the water off.

Put the CHG soap on a clean, wet washcloth.

Gently wash your body from the neck down. Do not use the CHG soap on your face.

Follow your care team's instructions on use of CHG for your genital and rectal areas.

For best results, leave soapy lather on skin for 2 minutes before rinsing. Lathering all body areas twice before rinsing generally takes about 2 minutes.

Do not shave any part of your body below your neck.

Rinse off the CHG soap thoroughly.

Let your skin air dry. Do not use a towel to dry off. Your skin may feel sticky for a few minutes until it dries.

Once your skin is dry, you can get dressed. Do not use any makeup, lotion, powder, or deodorant on your skin.