

How to Revive Wilted Produce

Does your produce need a pick me up?

Fill a bowl with cold water. Add ice. Add produce.

Wait 15-30 minutes.

This works on greens, carrots, broccoli, asparagus, and herbs.

So if your greens are looking sad cheer them up!

This program is for informational purposes only. Publisher disclaims all guarantees regarding the accuracy, completeness, or suitability of this video for medical decision making. For all health related issues please contact your healthcare provider.

healthclips[®]