

What Is? Insulin Pump

If you need to take insulin to manage your diabetes, an insulin pump is one option.

This small device gives steady doses of insulin throughout the day to mimic the action of a healthy pancreas.

It can be programmed to give you more or less insulin based on your needs.

There are different types of insulin pumps.

One type delivers insulin through a thin plastic tube that you put under your skin.

You carry the pump in your pocket or on a belt holder.

Another type of pump sticks directly to your skin. You use a handheld device to program it.

A hybrid pump is another option. It combines an insulin pump with a continuous glucose monitoring sensor.

This type gives you basal or bolus doses based on your current blood sugar levels.

Insulin pumps are usually not recommended for people new to insulin therapy. But they can be a good option if you have experience with insulin.

If you're interested in using an insulin pump, talk with your diabetes care provider to learn more.