

# What Is? Insulin Pen

An insulin pen is a device that gives you insulin.

It looks like a writing pen. But its tip is a needle. And it's filled with insulin instead of ink.

Some insulin pens are disposable while others have a refillable cartridge.

To use an insulin pen, you attach the needle, adjust the dial to your desired dose, and inject at your chosen site.

Some insulin pens have a memory function that can recall dose amounts and timing.

Others can calculate your dose and give you a report of your dose history.

An insulin pen may be easier to use than a syringe. But it might cost more up front.

If you think an insulin pen might work for you, talk with your diabetes care provider.