

# Classic Beef Stew

## Ingredients:

4lb beef (1-inch cubes)

4 carrots (1-inch pieces)

4 small onions (halved)

1 large potato (bite-sized pieces)

1 cup mushrooms (quartered)

1 cup water

2 garlic cloves (minced)

1 tsp cooking oil

Preheat oven to 325° F

Heat skillet to medium high

Add cooking oil

Add beef

Cook for 5 minutes or until brown

Place beef into baking dish

Add: carrots, onions, potatoes, mushrooms, garlic, water

Mix well

Bake at 325°F for 2 1/2 hours

Serve hot. Enjoy!