

# When to Call the Doctor: Angina

If you are living with angina, you know the symptoms including chest pain and shortness of breath.

But if these symptoms get worse, you could be having a heart attack. So it's important to know when to get help.

Call your doctor, or healthcare provider, if:

One: Your angina is lasting longer than normal.

Two: Your angina is happening more often.

Three: Your angina triggers are changing. Or your symptoms occur with little to no physical activity.

Call 911 immediately if your angina doesn't go away after resting, after taking your nitroglycerin, or if you think you are having a heart attack.

Call the doctor, or your healthcare provider, if:

Your angina is lasting longer than normal.

Your angina is happening more often.

Your angina triggers are changing. Or your symptoms occur with little to no physical activity.

Call 911 right away if your angina doesn't go away after resting, after taking your nitroglycerin, or if you think you are having a heart attack.