

# Ask Questions During Healthcare Visits

Want to get the most out of your next healthcare visit? Then ask questions!

Always ask questions when you don't understand something or you need more information. Like:

Why am I taking this medicine?

Do I need to worry about side effects?

What's causing my symptoms?

And what's that test or treatment for?

Write down any questions you have before your next healthcare visit.

Go over the list with your healthcare provider.

By asking questions, you and your provider can make sure you get the care you need.