

Suicide Risk Assessment

“Hello, I’m Dave, this is my hospital bed and this is my favorite plant. I try to make sure I take care of it.”

“I give it sunlight.”

“I sing it songs.”

“and sometimes it tells me it needs water.”

“Come on baby, you can come back. Yes, you can.”

“And if I listen I can give my plant what it needs and it will thrive.”

“In the same way, you may have something you need. But you haven’t been able to let anyone know.”

“Here is a self quiz to see, it’s one question long, pretty easy. Have you been feeling down, depressed, hopeless? If you answer yes it means you’re....”

“A person!”

“It’s not weird, it means you need something.”

“If you feel down, depressed or hopeless, tell your friends or family and healthcare provider what you’re feeling. They can help you.”