

Hand Hygiene

“My name is Dave, my hands are blue... and so is my suit. That’s because this is a video about how to wash your hands. I know...what you’re thinking. Look at that nice blue suit... and you’re also thinking I’ve washed my hands a gajillion times, I know how to do it. Well, let me show you something.”

“Oh. Pretend this blue stuff is germs. I wash my hands a bit and I think they’re clean but what’s that, I missed a bunch of spots?”

“That’s right. It happens a lot, but we don’t notice because germs are invisible.”

“So this is how to wash hands so that you don’t miss anything.”

“Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.”

“Lather your hands by rubbing them together with soap. Lather the backs of your hands, between your fingers, and under your nails.”

“Scrub your hands for at least 20 seconds.”

“Rinse your hands well under clean, running water.”

“Dry your hands using a clean towel or air drier.”

“This is important so that you don’t spread germs to your face, your eyes, your drumset...”

“Hey, can I play?”

“...or even accidentally to other people.”

“Sure.”

“Phew. Boy do I like playing the drums.”

“Now you know how to thoroughly wash your hands. It’s important to wash before you eat and before and after you use the bathroom. Stay clean out there.”