## **Pressure Injury Prevention**

"I'm DAVE and we'll call this guy Jeff. He tells dad jokes."

"Have you heard this one Dave?"

"You might not believe it but I can cut through wood just by looking at it... I didn't believe it either until I saw it with my own eyes...ha, ha, ha, ha, get it like "saw" it. Saw it."

"One dad joke is fine, but hours of dad jokes, not so great."

"I used to be able to play the piano by ear, but now I have to use my hands... ha, ha, ha, ha..."

"Did I tell you, I decided..."

"That's enough."

"Too much of anything is not great."

"When you're in a hospital bed sitting in one place too long can cause pressure injuries. Yes, you can get injured by doing nothing. And Pressure injuries are serious business, they can cause infection and complicate your stay."

"The best thing to do is make sure to reposition every 2 - 3 hours. This is going to prevent pressure injuries."

"If you're having trouble, ask and someone will help you."

"Your healthcare team should be checking your skin regularly at the common pressure points to make sure your skin is healthy."

"Foot looks good Dave."

"And you're looking good too."

"Haha... classic."

"How did you get back in here?"

"Did I ever tell you I decided to sell the vacuum cleaner — it was just gathering dust! Ha, ha, ha, haaaa."

