

# The Importance of Your Follow Up Appointment

After your hospital stay, you may have questions or concerns about your health.

That's why your follow-up visit after discharge is so important. It gives you a chance to check-in with your healthcare provider.

Your follow-up visit will happen a week or two after you leave the hospital. At this appointment, you'll be able to talk with your provider about anything you're not sure of.

It's a good time to chat about things like: Your medicines and any side effects; Test results; A new diagnosis; Lifestyle changes you may need to make; And your feelings about your condition or recovery.

At this visit, your healthcare provider may make changes to your medicine or order more tests depending on your condition. And if you had surgery, your provider will make sure the site is healing well.

Studies show that people who go to their follow-up visit after a hospital stay are less likely to be admitted to the hospital again.

So don't miss your follow-up appointment. It can help make sure you're on track for a full recovery.