

Your Healthcare Team: Physical Therapist

Hello, my name's Dave. And this is a video where I tell you important stuff using toys.

But first, it's game time! Let's go!

And go, he got through. Oh, he don't have the ball!

That was a great effort. We'll get'em next time.

Now time for the important stuff. You may not know it but you're actually part of a team.

Not this team, but a healthcare team. Here they are, the Healthcare Team.

These are a group of medical professionals who help you manage your health and keep you in the game.

Let's pretend this is you. You've gotten hurt or you had surgery. Like anyone, you want to get better as fast as possible.

A Physical Therapist is an expert at getting your body better.

Through training they'll work on getting you strong, restoring movement, balance. It helps you move around better, with or without canes, walkers, or wheelchairs.

Ahh.

Their job is to help you get you back to doing what you love best.

This is for a real touchdown, I mean giddyup.

A Physical Therapist can see you in the hospital, a clinic, at home, but not on a horse.

Remember, that's just one part of your healthcare team.

Now back to the game.

HUT HUT HIKE!!!

There's a hole, there's a hole. He's through. You're going the wrong way. The other way, ahh, dude! Oh man!